



Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION
 SCHOOLS DIVISION OF PASAY CITY
 PASAY CITY NATIONAL SCIENCE HIGH SCHOOL

GENDER AND DEVELOPMENT SEMINAR NARRATIVE REPORT

Title: Capacity Development of the Teaching and Non-Teaching Personnel of PCNSciHS on the Gender Responsiveness

Theme: *“WE for Gender Equality, Inclusivity and Resilient Society”*

Date and Location: October 30, 2024

Selah Pods Hotel, F.B. Harrison St. Pasay City

1:00 P.M. - 6:00 P.M.

Topic/s	<ul style="list-style-type: none"> • Increased Morale and Motivation • Positive Impact on Students of Mainstreaming
Resource Speaker	<ul style="list-style-type: none"> • Dr. Aristeo A. Antiola
Comprehensive Narrative Report	<p>To cope with the conduct of the rescheduled PCNSciHS Gender and Development Seminar due to inclement weather, the said activity finally occurred at a new venue conducive to the attainment of its objectives. The Preliminaries were facilitated by the Technical Working Group with a Prayer, the singing of the Makabayan Awit entitled “Tagumpay Nating Lahat”, and the Pasay Hymn. The GAD Program Host, Ms. Jean Glenn P. Verdera, proceeded with a heartfelt welcome encouraging the participants to share their smiles and realize the essence of the affair.</p> <p>The much-awaited part of the event transpired with presentation of the resource speaker by Ms. Jackyline T. Lagaña, Head Teacher III/English Department Coordinator.</p> <p>Dr. Aristeo A. Antiola, the Resource Speaker, led everyone in an enlivening dance number to the tune of the Bini : Pantropiko. A picture of Jesus Christ and Satan was presented to make the participants realize</p>



Address: 2888 P. Vergel St., Pasay City
Telephone Number: 8372-4501
E-mail Address: pcsciencehs@yahoo.com



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that if they do good deeds especially for the seminar then they are for Jesus however if they do wrong during the seminar then the act is for Satan. It was followed by the presentation of the House Rules expected to be observed by the attendees. The activity “Understanding Your Own Personality – Sino Ako” was conducted where participants wrote their Name, the Department they belong and years of service in teaching and eventually the participants who were divided in four groups (The RED, BLUE, GREEN and YELLOW TEAM) wrote on a paper placed at the back of each participants their initial and at present (after being with co teachers) impression. The activity made one realize how the others look at each other.

A video presentation followed were consciousness on how one may sincerely volunteer time was made evident. A game was facilitated by Mr. Antiola with the team competing on the Samson vs Delilah vs Lion Game. With the wise decision making of what to portray against another, the Blue Team excelled in the said competition. With the video presentation between Batman and Joker, the group coped with the awakening on the must to avoid failure in communication. Guidepost on words to ponder on the essence of effective communication with the acronym of the word TEAM, Together Everyone Achieve More. A video presentation on the Recipe of Great Communication, with the instruction on how to get together a great meal aligning with Clarity, Brevity,



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Context, Impact and Value led to each team to create and eventually present their own “Recipe Book, The Pascian Way” were the Blue team was commended with the best output. The group was enlivened as participants were made to dance to the beat of Gangnam Style. Another engaging session was facilitated by the speaker as each team worked on a Puzzle and discover that there was a missing piece to look for from the other team. The Blue team was the first to finish completing the puzzle. Another video about the Core Values on Good Collaboration that a group may consider attaining common goal. Moreover, a line from Hellen Keller became essential to consider, “Alone we can do so little, Together we can do so much”.

Another challenging session was the Magic Carpet wherein all the participants were made to fit in the carpet. Evident was how everybody sought ways and worked to achieve the goal of the activity.

The Pledge of Commitment was recited with the sincere expression of unwavering commitment by the Pascian Teaching and Non-Teaching Staff to PCNSciHS.

One’s Impact on other people’s Lives was the context inculcated in the last video presentation with being led with the mindset, “If you cannot feed a thousand at least feed one” – Mother Theresa .

A letter written by Steve Jobs, an American businessman and Former CEO of Apple, was shared by the speaker which left a thought provoking question for



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the attendees to ponder, “Am I an asset or a liability of our institution?” and rethink to derive an answer to the question, Swerte tayo na nasa Pasay Science tayo, swerte ba ang Pasay Science sa atin?”

Ms. Verdera eventually gave the limelight to the PCNSciHS Principal II, **Dr. Mark Anthony F. Familiaran**, who expressed gratitude for the active participation of the attendees. Furthermore, related the good news on the success of the PCNSciHS awardees of the 2024 SEAMEO-Japan ESD Award-1st Prize Winner. Likewise, of generosity had raffled a prize of one thousand pesos each awarded to those who luckily match the number given. Winners were Ms. Demetria M. Lappay, Ms. Rosalida L. Sinsuan and Ms. Ruwena D. Cascayan

Certificate of Appreciation was awarded by **Dr. Mark Anthony F. Familiaran**, Principal II, to the resource speaker who shared his expertise and spearheaded the group to the attainment of the objectives of the seminar.

Ms. Arlene I. Arcellana, Head Teacher III/Science Department Coordinator, delivered her Closing Remarks, expressing words of encouragement for the teachers to continuously be a blessing in PCNSciHS.

The GAD Training gave opportunity for the teachers and non-teaching staff to gain enlightenment and be motivated, to build a team who are equipped with the wisdom, skills and attitudes to promote gender



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equality and challenge gender - based discrimination in the education sector, with the thoughts to ponder, “ Teaching is more than imparting knowledge; it is inspiring change. Learning more than observing facts; it is acquiring understanding and working together.” – William Arthur Ward.

The master of ceremony, Ms. Jean Glenn P. Verdera, expressed appreciation to the participants and eventually concluded the session at 6:00 P.M.

Participants were served with a sumptuous dinner to the delight of all.



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Documentation



Figure 1.

The PCNSciHS Teaching and Non-Teaching staff register to take part in the Gender and Development Seminar.



Figure 2. Prayer



Figure 3. Makabayan Song and Pasay City Hymn

Figure 2 – 3: Presentation of Prayer, Makabayan Song, and Pasay City Hymn via Audio Visual Presentation.



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Dr. Aristeo A. Antiola facilitates the GAD seminar with the Teaching and NON-Teaching staff of PCNSciHS.



Figure 4. Green Team



Figure 5. Blue Team



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Figure 6. Yellow Team



Figure 7. Red Team





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Figure 8. Samson vs Delilah vs Lion Game



Figure 9. Magic Carpet Challenge



Figure 10. Dance Energizer

Figure 4 – 10: The PCNSciHS GAD Teams actively participating in the sessions.



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Dr. Mark Anthony F. Familiaran expresses sincere gratitude and appreciation for the accomplishments of Pascian endeavors.



The participants deliver their Pledge of Commitment to PCNSciHS.



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Dr. Mark Anthony F. Familiaran, together with the Department Heads Ms. Jackyline T. Lagaña and Ms. Arlene I. Arcellana award the Certificate of Appreciation to the resource speaker Dr. Aries A. Antiola.

Insights gained during the session

- The GAD session, paved way for the PCNSciHS teachers and staff to foster camaraderie and oneness. The participants were enlightened to put into practice all the concepts and learnings acquired and learned from the session. The affair was engaging and conducted well as expected.
- The initiative of the GAD technical working group is much appreciated. The topics are well facilitated. It is



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	engaging and enlivening. The GAD seminar served its purpose of reaching out to the needs of the teachers leading to effective performance.
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Minutes Taker:

MARIA LEONORA LUISA B. ANGELES

Teacher III

Documenter:

MARK RENIEL R. BALOLO

Teacher III

Noted:

MARK ANTHONY F. FAMILARAN, EdD

Principal II

Pasay City National Science High School